

# Healing Inscape: Endless

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## Project Information (EN)

Healing Inscape: Endless is an immersive VR project that explores how collective dreams reflect our shared psychological state in times of crisis. Through interviews with young immigrants in the Netherlands, I collect personal dreams and identify recurring symbols that reveal common feelings of anxiety, loss of control, and cultural displacement. These patterns are then translated into immersive virtual environments, emotionally charged, symbolic spaces that visitors can walk through and experience from within. The idea behind the project is simple: when language fails, images speak. Instead of describing trauma directly, I work with dream logic and metaphor to visualize what words often cannot express. Using the immersive power of VR, I recreate these subconscious landscapes in full scale, allowing viewers to step into the emotional worlds of others and make their own connections. The project is grounded in the concept of Catharsis from psychotherapy, using emotional release to heal and Inscape, a visual art term referring to the internal landscape of the mind. Endless brings these ideas together through VR as a medium for emotional expression and shared reflection. At its core, this work asks: how do larg scale social crises like immigration struggles, the collapse of the "freedom" ideal, or the economic anxiety of a generation become embedded in our subconscious and shape a collective sense of unease? Healing Inscape: Endless offers a poetic way to explore those questions, not with answers, but with space. A space to see, feel, and reflect together.

## Projectinformatie (NL)

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## Image List

| Filename             | Caption | Credit |
|----------------------|---------|--------|
| No images available. |         |        |

The images above are included in the ZIP under /images.